

Dr. Roger Jahnke, OMD FREE Health Care System

FALL CLASSES

'A' - Ancient Secrets of Chinese and Shamanic Medicine (608753)

Health Care is transforming. The most profound medicine is produced in the human body for FREE. Explore powerful, accessible, and no cost secrets of ancient healing systems including Chinese and Shamanic medicine, PLUS, new era epigenetic and neuroscience that produce accessible, tangible results.

October 10th; Saturday, 9:00am-12:00pm; Schott, Rm 31; Tuition: \$24

*CEUs: RN/LVN/CNA, MFT/LCSW, Contact Hours: 3

'B' - Food as Medicine and Self-Applied Massage (608754)

Explore powerful, inexpensive and accessible methods for healing and maintaining your well-being. A few very simple nutrition changes make a huge difference. Also, empower yourself with ancient techniques such as breath practice and self-massage that will enable you to develop a whole new sense of health and well-being.

October 24th; Saturday, 9:00am-12:00pm; Schott, Rm 31; Tuition: \$24

*CEUs: RN/LVN/CNA, MFT/LCSW, Contact Hours: 3

'C' - Qigong, The Medicine Within (608752)

Qigong, or Chinese Mind-Body Energetics Practice, may be the most eloquent self-healing system ever developed by human beings. Find out how health maximization, stress neutralization, philosophy and poetic imagery all converge in one easy-to-implement practice.

October 31st; Saturday, 9:00am-12:00pm; Schott, Rm 31; Tuition: \$24

*CEUs: RN/LVN/CNA, MFT/LCSW, Contact Hours: 3



About your Teacher: Dr. Roger Jahnke

Dr. Roger, OMD, is researcher, author, and Doctor of Traditional Chinese Medicine with 40 years of clinical practice and 9 research pilgrimages to China to study its healing traditions. He is Director and Lead Trainer of the Institute of Integral Qigong and Tai Chi (IIQTC) Foundation and co-founder of The Healer Within Foundation.



Wake Campus: (805) 964-6853

Schott Campus: (805) 687-0812

Register online: www.theCLL.org

Or in person at either campus main office.

**REGISTER
NOW!**



*RN/LVN CEU's Provider approved by the California Board of Registered Nursing Provider #01368 for 3 contact hours. CNA CEUs are authorized by the California Dept. of Public Health. Approved as division of Santa Barbara City College. Course meets the qualifications for 4 hours of continuing education credit for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences Approval Number PCE 684.