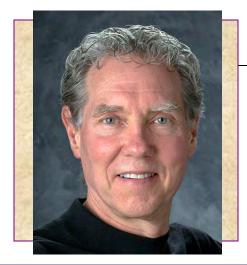


Founder and Director of the Institute of Integral Qigong and Tai Chi and author of "The Healer Within, The Healing Promise"

## "The Golden Elixir of Longevity and Immortality"



## **MONDAY, FEBRUARY 29**

**Wake Campus Auditorium** 300 N. Turnpike Rd. Santa Barbara

## 7:30 to 9:30 pm

Tuition: \$15

Register online at: www.theCLL.org or in person at either Schott or Wake Campuses

**The MOST PROFOUND MEDICINE** is produced within your own being – FOR FREE! Ancient physicians and philosophers in Asia refer to this as THE GOLDEN ELIXIR. You cannot buy this medicine. You can only make it yourself. Dr. Jahnke will explain:

- Why it is easy and inexpensive to produce The Golden Elixir
- Contemporary research neurophasticity, genomics and physics
- Ancient Chinese medicine and philosophy
- The Fountain of Youth within our own being
- Qigong accessible Mind-Body Practice the mother of Tai Chi
- A breath practice that lowers blood pressure, reduces inflammation and neutralizes insomnia.

You will re-discover the portal to your own deeper self. The Golden Elixir goes beyond longevity, health and wellbeing. Can we become immortals? Are we already immortal? Dr. Jahnke will reveal fascinating insights on Inner Alchemy, the Golden Elixir AND Immortality.





Wake Campus: (805) 964-6853 Schott Campus: (805) 687-0812 Or in person at either Schott or Wake

REGISTRATION BEGINS Tues, December 8<sup>th</sup> at 8 am

The Center for Lifelong Learning (CLL) expresses sincere gratitude to San Roque Florist for their exquisite floral bouquet for the stage, and to the generous donors who have contributed to the Mind & Supermind fund. Early registration is recommended since tickets will sell out quickly.